# OPERATION HOURS

## **MEMORIAL DAY**

#### May 25-27

- Outdoor Pool: 11 am 6 pm
- Beach: 10 am 6 pm
- Natatorium: Closed

## **BEACH SAFETY**

- Always swim near a lifeguarded.
- Never swim alone, regardless of your age or level of swimming skills.
- Keep within your fitness and swimming capabilities.
- Be aware of weather and water conditions and heed warnings.

## **RIP CURRENTS**

- If you are caught in a rip current, stay calm and don't fight it.
- Swim parallel to the shore until you are out of the current. Then, turn and swim to shore.
- Alternately, float or tread water until you are free of the rip current and then head to shore.
- If you can't make it to shore, draw attention to yourself by waving and calling for help.

## **OUTDOOR POOL**

BLDG 1425, 904-270-5425

#### **Summer Hours**

June 1 - August 11 Tuesday-Sunday and Holidays: 11 am - 6 pm Monday: Closed

#### **Fall Hours**

August 17 - September 2 Saturday/Sundays/Holidays: 11 am - 6 pm Monday-Friday: Closed

#### Admission

FREE for active duty, retirees, DoD, dependents, and guests accompanied by a sponsor.

#### **Aqua Fitness Classes**

June 4 - August 8 Tuesday & Thursday: 10 am - 11 am

#### **Pool Parties**

June 1 - September 2 \$75 for a 2-hour pool party during public pool hours. Includes private use of a portion of the pool deck.

## BEACH

\*No lifeguards on duty outside of summer and fall hours.

#### **Summer Hours**

June 1 - August 11 Friday-Sunday and Holidays: 10 AM - 6 PM Monday-Thursday: No lifeguards on duty.

#### **Fall Hours**

August 17 - September 2 Saturday-Sunday and Holidays: 10 am - 6 pm Monday-Friday: No lifeguards on duty.

### NATATORIUM BLDG 1391, 904-270-3275

#### **Summer Hours**

May 20 - September 8 Monday-Thursday: 6 am - 11 am Friday-Sunday/Holidays: Closed





## OUTDOOR POOL AQUATICS INFORMATION

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## **AGE REQUIREMENTS**

#### 10 years old and under:

All youth must be accompanied by a parent or guardian over 16 years of age who must remain at the pool the entire time.

#### 11-15 years old:

Youth ages 11-15 who have passed the Navy Youth Swim Test can enter the aquatics facility unaccompanied, with valid Military ID. The parent or guardian is required to be present during the Navy Youth Swim Test.

#### 16-17 years old:

Required to take the Navy Youth Swim Test to have full use of the aquatics facility.

#### 18 years old and over:

Not required to take the Navy Youth Swim Test to have full use of the aquatics facility.

## NAVY YOUTH SWIM TEST REQUIREMENTS

- **1. SWIM** 25 yards with a recognizable front swim stroke unassisted and without rest on front. Breast stroke and front crawl are allowed. Backstroke is not allowed.
- **2. JUMP** into the deep end, fully submerge, return to surface and tread water with ears and mouth out the water for 60 seconds.
- 3. EXIT pool unassisted. Using the ladder or stairs is allowed.

Unaccompanied youth ages 11-15 who have passed the swim test must be signed in and out by the parent/guardian dropping them off.

All youth ages 15 and under who have not passed the Navy Youth Swim Test will require a parent/guardian who is over the age of 16 to be in the water with them and provide active touch supervision.

## **POOL SAFETY**

- No inflatables.
- Lifejackets must be USCG approved.
- The pool and surrounding area will be cleared during inclement weather and remain cleared until deemed safe.

## **GENERAL INFORMATION**

For updates text **"MWRPOOL"** to (904) 293-1321. Swim lession information at NavyMWRMayport.com/Swim



